

Listening With The Whole Body

Upon completion, participants will be able to:

- ★ Describe the relationship between listening and sensory integration.
- ★ Identify individuals with sensory processing and listening difficulties who may respond well to Therapeutic Listening.
- ★ Create Therapeutic Listening programs that are adapted to meet specific needs of individual clients.
- ★ Demonstrate understanding of the role of postural, respiratory, and sensory strategies that are part of the Therapeutic Listening program.
- ★ Distinguish between the different types of music and electronic alterations.
- ★ Design a core/breath program to support home and/or school listening protocol.

COURSE DESCRIPTION

Listening plays a vital role in the sensory integration process. In fact, some believe that the auditory system is the missing link in sensory integration modalities. Both research and clinical experience have shown that using sound-based interventions for clients with sensory processing difficulties can increase treatment effectiveness. Listening is a function of the entire brain; when we listen, we listen with the whole body.

This 2-day workshop will provide a very specific entry-level protocol for using Therapeutic Listening[®] techniques. Participants will learn to use Therapeutic Listening[®] Modulated CDs to create individualized, home-based programs for clients. Discussion includes the historical development of listening techniques, anatomy & neurophysiology of listening, and the theoretical rationale for using Therapeutic Listening.

Assessment strategies for identifying listening needs will be described. Specific protocols and guidelines to meet individual needs will be shared. We will also traverse the features & differences of various auditory interventions, focusing on clinical reasoning strategies

to help you guide clients through the myriad of existing sound therapies. Using listening techniques in conjunction with postural and respiratory-based treatment and sensory diet options will be demonstrated and explored. The functional relevancy of music and modified music will be emphasized.

The tools and materials used in this 2-day course will be most helpful for **occupational therapists, speech language therapists, and other allied/mental health professionals** who work with clients across the age spectrum, both adults and children with sensory processing, sensory modulation dysfunction and learning challenges.

This workshop will be especially meaningful for practitioners who have a background in sensory integration, including therapists in schools, hospitals, and private clinics. Participants who complete course requirements will be Therapeutic Listening[®] certified.

This course provides 12 contact hours or 1.2AOTA CEUs, and provides participants with the necessary background information to begin using Therapeutic Listening[®] right away.

Sheila Frick's new book **Listening With the Whole Body** is a required text for this course, and is **included with your registration fee**. Specialized headphones and CDs are necessary and are available for purchase upon completion of the course.

ABOUT THE SPEAKERS

Sheila M. Frick, OTR is an internationally esteemed clinician, lecturer, and pioneer in Occupational Therapy. She has over 20 years clinical experience, having worked in psychiatry, rehabilitation and home health before specializing in pediatrics. She is well known in the field of Sensory Integration, lecturing on such topics as clinical neurology, respiration, the auditory/vestibular system and auditory interventions. Sheila's company, **Vital Links** is an AOTA-approved provider of continuing education opportunities that incorporate Therapeutic Listening[®], vestibular habilitation, and core development. The primary objective of all Vital Links courses is to provide innovative clinical tools and strategies that can be immediately implemented upon course completion in

schools, clinics, and homes.

In 1994 Sheila was honored with the Wisconsin Occupational Therapy Association's Award of Excellence for Clinical Practice. She is a Board Member of the Society of Auditory Intervention Techniques. She is the author of *Listening With the Whole Body* and co-author of *M.O.R.E.: Integrating the Mouth with Sensory and Postural Functions*, *Out of the Mouths of Babies*, and *Core Concepts in Action*. Utilizing the training and techniques in her repertoire, Sheila developed a comprehensive system of auditory interventions combining various sensory integrative treatment techniques and emphasizing postural respiratory strategies. She coined and trademarked her system with the name Therapeutic Listening. She has taught this technique to more than 5,000 therapists in the United States and throughout the world.

Colleen Hacker, OTR is trained in several different schools of sound therapy, including Bernard Auditory Integration Training, Therapeutic Listening[®] and SAMONAS Sound Therapy. She has lectured extensively on sound therapy throughout the UK and USA. Colleen co-authored the first edition of *Listening With the Whole Body* with Sheila Frick, OTR, Colleen now resides in Australia and operates **The Sensory Gym** in Richmond NSW.

Registration is strictly limited to 68 people

– register online NOW at
sensorytools.net

PLEASE NOTE:

- ★ **Early bird registrations must be postmarked by 13th February, 2009**
- ★ Cancellations must be in writing and postmarked two weeks prior to the conference start date (Refunds will be given less \$25 handling fee)
- ★ Cancellations postmarked past the above date are subject to a 50% deduction in refund.
- ★ No refunds will be given for cancellations less than 48 hours before the presentation

Listening With The Whole Body

Registration and Book

Brisbane Melbourne Sydney

★ _____ @ **\$685** "Early bird" before 13 Feb 2009

★ _____ @ **\$785** After 13 Feb 2009

= _____ **TOTAL** enclosed

Your profession:

Occupational Therapist Speech Therapist

Psychologist Physical Therapist Other

Name: _____

Organization: _____

Address: _____

Town: _____ State _____ Postcode _____

Phone Home: _____ Work/Mobile _____

Email: _____

I am paying by: VISA MasterCard Cheque/M.O
 Please invoice my place of work

Acct #: _____

Expiration Date: ____/____/____

All fees include GST. Please make cheques payable to

Sensory Tools Australia

P.O. Box 692, Richmond, NSW 2753

ABN: 91 676 579 296

SCHEDULE

Day One

7.45 Registration

8.30 What is listening?

10.30 Break

10.45 What is Therapeutic Listening®?

11.15 Listening as a sensory integration process

12.00 Lunch (on your own) / Listening lab

1.15 Using sound as a tool

2.15 Understanding the elements of music
as clinical tools

3.00 Break

3.15 CD descriptions and clinical use of
Therapeutic Listening CDs

4.30 End

Day Two

8.30 Programming with Therapeutic Listening®

10.00 Anatomical structures and
neurological considerations

10.30 Break

10.45 Anatomy and neurology (continued)

12.00 Lunch (on your own) / Listening lab

1.15 Adjunct programming

2.00 Assessment tools

3.00 Break

3.15 Clinical case studies, problem solving,
and questions

4.30 End

For more information:

Sensory Tools Australia

P.O. Box 692

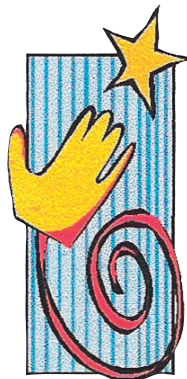
Richmond, NSW, 2753

AUSTRALIA

phone & fax: +61 2 4578 9798

Email: salesau@sensorytools.net

www.sensorytools.net



Listening With The Whole Body

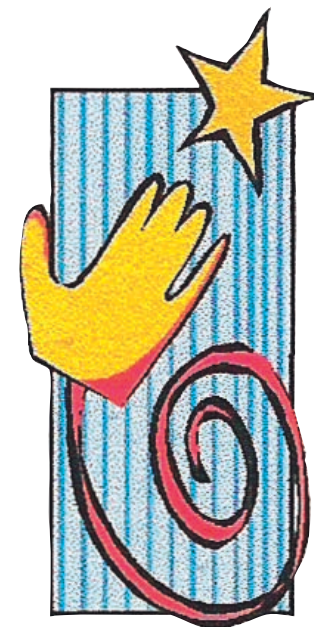
A Two Day Course

Presented by
International
Speaker

Sheila Frick,
OTR

with

**Colleen
Hacker, OTR**



Time: 8.30am — 4.30pm

Brisbane – 13th-14th March 2009

Holiday Inn, Roma St, Brisbane

Melbourne – 16th-17th March 2009

William Angliss Institute of TAFE, 555 Latrobe St, Melbourne

Sydney – 20th-21st March 2009

Rooty Hill RSL, Sherbrooke Street (Cnr Railway St), Rooty Hill

Do not miss this RARE opportunity!
Registration is strictly limited..