

Getting Kids In Sync

WHAT THEY'RE SAYING...

- ★ "This workshop has really made a difference to me. I now, for the first time, understand my son – and that is pure joy!" (Parent of a child with LD)
- ★ "What did I like most about this workshop? **Everything!!** All was relevant to my work. Thank you. I am very excited about implementing some of the strategies." (Program officer – behaviour clinician)
- ★ "One of the best seminars I have been to. I have used Gen's CDs with great success. I love her enthusiasm and her ideas. The stories and videos made everything relevant." (Special needs pre-school teacher)
- ★ "Thank you for helping me connect with my child." (Parent of a child with PDD)
- ★ "Gen has an amazing energy – it was fantastic to hear her speak and sing!" (Occupational Therapist)
- ★ "I feel able to implement this information not just with the children with special needs but with ALL children." (Day Care specializing in Autism Spectrum Disorders)
- ★ "My attention and focus was maintained all day. I have never been so engrossed about listening to a speaker before. I have gained a great deal of food for thought." (Director of Child Care)

WHO SHOULD ATTEND?

- ★ Occupational Therapists
- ★ Parents
- ★ Educators (regular and special education)
- ★ Caregivers
- ★ Pre-school Teachers
- ★ Child Care Workers
- ★ Speech Pathologists
- ★ Physical Therapists
- ★ Physicians
- ★ Pediatricians
- ★ Other Professionals who work with children

COURSE DESCRIPTION

This presentation is designed for therapists, teachers, parents, caregivers and other professionals who are interested in understanding the fundamentals of sensory processing and its impact on attention, behaviour, social engagement, creative thinking, purpose driven play and learning.

Genevieve Jereb offers practical and powerful tools to help support children to "learn and thrive from the inside out." Participants will be able to add beneficial experiences to the sensory diets of the children they care for.

Respiration and its effects on behaviour, learning and attention will be presented along with practical tools to support the breath at home, in the classroom or in the social environment. Participants will be exposed to **a multitude of activities involving rhythm and movement** to implement immediately when leaving the workshop.

A **relationship based approach** to interacting with your children to support problem solving, motor planning, creative thinking, building bridges between ideas and social connectiveness will also be presented.

Ms. Jereb will address how sensory processing difficulties affect many children, both with and without the diagnoses of Autism Spectrum Disorders, Aspergers Syndrome, ADHD, ADD, learning challenges and other developmental and neurological challenges.

Sensory processing difficulties in children, both recognised and undetected, can significantly impact social and emotional relationships, behaviour, attention and learning in the classroom, home and clinic.

SCHEDULE Day One:

8.00 Registration

- 9.00**
- What is a sensory integration disorder?
 - What is a sensory modulation disorder?
 - Does my child have difficulties with sensory discrimination?

10.30 Break

10.45 Defining Sensory Profiles

- "A Typical Nervous System" – What is it?
- "Sensory Defensiveness" – Does my child have overreactive responses to everyday sensations and events?
- "Sensory Overload" – Does my child seem to "disconnect," shut down, withdraw or "space out" in environments or interactions when overwhelmed?
- "Low Arousal" – Does my child have difficulty alerting or attending to tasks throughout a typical day?
- "Sensory Seeker" – Does my child seem to crave intensity, movement and input to stay connected and attentive throughout a regular day?

SCHEDULE Day One (continued):

12.15 Lunch

- 1.00**
- What can I do if my child has difficulties with
 - regulating?
 - attending?
 - learning?
 - connecting?
 - alerting?
 - self calming?
 - What is Self Regulation?
 - What is a Sensory Diet?
 - How do I choose and set up planned sensory inputs and events that will support my child's nervous system for optimal success in his/her day to day life?

2.15 Break

- 2.30**
- What are the major structures of the brain that impact arousal, regulation, attention and focus?
 - The power of "proprioceptive input" – understanding the impact of heavy work & deep pressure to the muscles and joints

3.30 End

SCHEDULE Day Two

9.00 Respiration

- Understanding how efficient respiration patterns impact attention, learning, behaviour and overall organization of the nervous system
- Simple ways to assess if my child is not breathing efficiently
- Using posture, positioning and core strengthening to support the breath in playful ways
- Other playful strategies to enhance efficient respiration patterns in the dysregulated child

10.30 Break

10.45 Rhythm and Entrainment

- Poor regulation of the nervous system is a state of poor rhythmicity
- Getting kids in sync using stronger external rhythms to support them in organizing internally e.g. through voice, drumming, playground equipment, vibration and using rhythms on the body

12.15 Lunch

1.00 Relationship, Engagement and Learning

- How can my child have meaningful relationships with peers?
- How to support my child in living a purpose-filled life?
- Using a "process" oriented approach to learning
- Following the child's lead
- Avoiding power struggles
- Enhancing the child's abilities to build on his/her ideas
- Providing choices that are acceptable
- Validating emotions
- Supporting successful transitions
- Supporting safety, exploration, risk taking and competency

2.15 Break

2.30 Summary of Learning Concepts

- Videos and testimonies
- Question and answer opportunities to solidify the learning experience

3.30 End

Getting Kids In Sync

Two Day Workshop Registration Form

“Early Bird” rate for payments received before 31 December 2008:

★ _____ \$199.00 Parents = \$ _____
Registration for a second parent is FREE when both register at the same time!

★ _____ \$226.00 Professionals = \$ _____

Full conference rate:

★ _____ \$226.00 Parents = \$ _____

★ _____ \$256.00 Professionals = \$ _____

★ **TOTAL** \$ _____

Name: _____

Name 2: _____

Organization: _____

Address: _____

Town: _____ State _____ Postcode _____

Phone Numbers:

Home: _____ Work _____

Mobile: _____

Email: _____

I am paying by: VISA MasterCard Cheque/M.O.

Acct #: _____

Expiration Date: ____/____/____ Authorized Signature: _____

NOTE: This workshop will be filmed for a DVD which will be available for sale Commercially and for viewing on the Internet. By registering for this conference, you agree that you have no objection should your image appear as part of the audience on the DVD.

All fees include GST. Please make cheques payable to:

Sensory Tools Australia

P.O. Box 692, Richmond, NSW 2753

ABN: 91 676 579 296

GUEST SPEAKER:

Genevieve Jereb, OTR is an Australian-born paediatric occupational therapist who presents on sensory processing disorders world wide. She has worked with leading USA clinicians and lecturers, collaborating with the well known international lecturers, Carol Stock Kranowitz, Patricia and Julia Wilbarger, Sheila Frick and Colleen Hacker. During her ten years in the USA Genevieve was co-owner of the cutting edge treatment facility, Therapeutic Associates. With over 20,000 CDs sold, her released recordings, including *No Worries*, *Say G'day!*, *Cool Bananas*, and *Jumpin' Jellybeans* provide parents, professionals, caregivers and educators with fun and engaging, ready-to-use rhythmic songs and activities to support self regulation for the “out of sync” child.



PLEASE NOTE:

- ★ **Conference registration includes beverages, snacks, and handouts**
- ★ **Registration for a second parent is FREE when both register at the same time.**
- ★ Cancellations must be in writing and when received up to 21 days prior to the conference, refund will be given less a \$25 handling fee.
- ★ Cancellations received between 2 and 20 days prior to the conference will be subject to a 50% reduction in refund.
- ★ No refund will be paid for cancellations less than 48 hours before the presentation.

Conferences Produced by:

Sensory Tools Australia

P.O. Box 692

Richmond, NSW, 2753

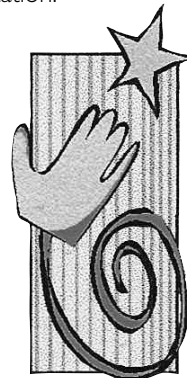
AUSTRALIA

phone & fax: +61 2 4578 9798

Email: salesau@sensorytools.net

sensorytools.net

ABN: 91 676 579 296



A Two-Day course

Getting Kids In Sync

A Sensory Processing Approach to Challenges Associated with Autism, ADHD, Learning and Behavioural Disorders

Presented by international speaker

Genevieve Jereb, OTR

Singer/songwriter of the much-loved children's albums *Say G'day!*, *Cool Bananas* and *Jumpin' Jellybeans*



Time: 9.00am – 3.30pm

Windsor NSW

26th – 27th February 2009

Windsor Function Centre

Cnr Macquarie & Dight Sts Windsor NSW 2756

Registration is limited – sign up online at *sensorytools.net*