

Announces an innovative **ONLINE** seminar

Getting Kids In Sync

A Sensory Processing Approach to
Challenges Associated with Autism, ADHD,
Learning and Behavioural Disorders

Seven contact hours of material
presented by international speaker

Genevieve Jereb, OTR



For the first time ever, you can learn at home* how to apply these practical and powerful tools that help support children to **“learn and thrive from the inside out.”**

This online seminar is equivalent to **seven contact hours** – over a two-week period, you will experience Gen Jereb’s acclaimed teaching style and benefit from her years of clinical experience – in your home!



Course material available from **November 1 to 14, 2009** at
SensoryTools.net

* broadband Internet connection required



What They’re Saying About Getting Kids In Sync:

- ★ “I now, for the first time, understand my son – and that is pure joy!” (Parent of a child with a learning disorder)
- ★ “One of the best seminars I have been to. I have used Gen’s CDs with great success. I love her enthusiasm and her ideas. The stories and videos made everything relevant.” (Special Needs pre-school Teacher)
- ★ “Thank you for helping me connect with my child.” (Parent of a child with PDD)
- ★ “Gen has an amazing energy – it was fantastic to hear her speak and sing!” (Occupational Therapist)
- ★ “What did I like most about this workshop? Everything!! All was relevant to my work. Thank you. I am very excited about implementing some of the strategies.” (Program Officer – Behaviour Clinician)
- ★ “I feel able to implement this information not just with the children with special needs but with ALL children.” (Day Care specializing in Autism Spectrum Disorders)
- ★ “My attention and focus was maintained all day.” (Director of Child Care)

Getting Kids In Sync **ONLINE**

Contents

Module One

- What is a sensory integration?
- What is a sensory modulation?
- What is sensory discrimination?
- Understanding a developmental approach versus a product oriented approach

Module Two

- Defining sensory profiles that may present in the nervous system
- Defining a typical nervous system
- Understanding sensory defensiveness e.g. Does my child have overactive protective responses to everyday sensations and events?
- Understanding a state of sensory overload e.g. Does my child seem to 'disconnect,' shut down, withdraw or 'space out' in environments or interactions when overwhelmed?
- Defining a state of low arousal – Does my child have difficulty alerting or attending to tasks throughout a typical day?
- Understanding the sensory seeker or narrow band child – Does my child seem to crave intensity, movement and input to stay connected and attentive throughout a regular day?

Module Three

- What can I do if my child has difficulties with:
Regulation? / Attention? / Learning?
Connection and engagement with others?
Alerting?
Self calming or self soothing?
- When do I refer to Occupational Therapy?
- What is Self Regulation?
- What is a Sensory Diet?
- How do I choose and set up planned sensory inputs and events that will support my child's nervous system for optimal success in his/her day to day life?

Module Four

- What are the major structures of the brain that impact Arousal? / Regulation? / Attention? / Focus?
- The power of 'proprioceptive input'
- Understanding the impact of heavy work to the muscles and joints
- Understanding how and when to use deep pressure to the muscles and joints
- Understanding key components of proprioceptive input i.e. alignment, uneven surfaces, inclines, using the body as a container; active versus passive

Module Five – Respiration

- Understanding how efficient respiration patterns impact Attention / Learning / Behavior
- Overall organization of the nervous system
- Simple ways to assess if my child is not breathing efficiently
- Defining and understanding the key components that support the breath in playful ways
- Understanding posture, positioning and core strengthening in facilitating efficient respiration patterns
- Extending the exhale to deepen the inhale
- Using the voice
- Using respiration toys
- Using music
- Hand placement to facilitate maximum and efficient breathing patterns
- Wrestling and rough n' tumble play
- Other playful strategies to enhance efficient respiration patterns in the dysregulated child

Module Six – Rhythm and Entrainment

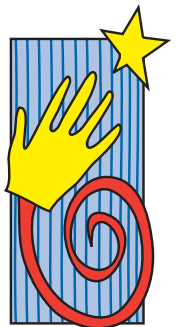
- Poor regulation of the nervous system is a state of poor rhythmicity
- Getting kids in sync using stronger external rhythms to support regulation, attention, sleep, feeding, behavior, passive and active learning and memory through:
 - Therapeutic use of self
 - Voice
 - Drumming
 - Playground equipment
 - Vibration
 - Using rhythms on the body
 - Musical selections

Module Seven – Relationship, Engagement and Learning

- How can my child have meaningful relationships with peers?
- How to support my child in living a purpose-filled life?
- Using a developmental 'process' oriented approach to learning
- Following the child's lead
- Avoiding power struggles
- Enhancing the child's abilities to build on his/her ideas
- Providing choices that are acceptable
- Validating emotions
- Supporting successful transitions
- Supporting safety, exploration, risk taking and competency

Module Eight – Summary

- Review of Learning Concepts
- Videos and testimonials
- Question and answer exercises to solidify the learning experience



How it Works

Sign up for this online seminar at SensoryTools.net. We'll ask you for your email address, and in mid-October, we will email you a log-in name and password for the website.

Beginning November 1st, log in to the site, and start viewing the video presentation. **You must have a broadband connection to the Internet.** We'll keep track of your progress along the way; you can stop any time and come back to where you left off.

After you complete viewing Module One, Module Two will be made available. At each step, you'll have an opportunity to review products specially selected by Gen that will be useful to deepen your understanding of the material, and apply these principles to your situation.

The videos will only be available for a two-week period, so **you must finish by November 14th**. When you have completed all the modules, SensoryTools will send you a certificate of completion.

Sign up today!

us\$99

payable by credit card

Questions? Contact us!

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SensoryTools.net